



*The Churchill Room*  
*31 March 2019*



### **A Message from the Top Dog...**

Happy New Year Rivercity Rotaractors! I hope you all had an enjoyable Christmas break and welcomed in the New Year well! 2019 has begun rather quietly – by Rivercity standards – but this is only to prepare us for the jam packed and very exciting remainder of the year!

In January, Kim E and myself were privileged to present to 200 inspiring Grade 12 students who participated in the National Youth Science Forum. NYSF is a Rotary initiative and we represented not only Rivercity but Rotaract as a whole, and hopefully motivated some of the students to join.

On the 22nd – 24th of March, the Rotary District 9600 Conference took place in Brisbane. Both Riley and myself worked with a team of Rotarians on the organising committee to bring together this big event. Well done to Kim E and Dean who participated in a panel discussion at the conference, clearing up some of the common misconceptions Rotarians have of Rotaractors, and vice versa! Thank you to all of the Rivercity members who attended and helped out during the conference, it was much

appreciated! Keep a look out for an upcoming meeting with a presentation from Riley about her learnings and experience from the Rotary International Assembly she attended earlier this year in San Francisco. She has some interesting insights from Rotary on all things Rotaract – in particular the dreaded 30 year age limit!

Finally, our wonderful Vice President Tiarna has chosen to resign from her position. We would like to thank Tiarna for all her hard work throughout the year and look forward to seeing her at Rivercity events. Big congratulations to Nish, who was elected to the VP role for the remainder of the year. Welcome to the Rivercity board – we hope you enjoy it!

Until next time, yours in Rotary,

*Róisín*

### **Upcoming Club Events:**

| <b>Date</b> | <b>Event</b>               |
|-------------|----------------------------|
| 12/5/19     | Mother's Day Classic Event |
| 15/5/19     | Rivercity AGM              |
| 18/5/19     | Shine for Shelterbox       |

### **Club Focus for the Next Quarter:**

|       |                 |
|-------|-----------------|
| April | Life Skills     |
| May   | Board Elections |
| June  | Moving Forward  |

## A Helping Hand - Quickfire Links:

[How does the Rorschach Inkblot Test work?](#)

[How to Break Bad Habits](#)

## Dean's Pearls of Wisdom

Work is a big part of our lives, there's no way around it. Whether you live to work or work to live, it's something that we spend a good chunk of hours doing. And like anything that we do for hours on end, we find ways of improving, or seek to improve further.

No doubt there was plenty of us who had a New Year's Resolution around our job. It could've been to improve a certain aspect of our working lives, to get better at networking or to simply find a new job altogether. Regardless of your goal or desired career path, taking the time to ensure you're heading in the right direction will save you some heartbreak in the future.

But just how can you improve? Well there's no one-size-fits-all approach, but you may find a good starting point in the links below.

[10 New Year's Resolutions to Supercharge Your Career](#)

[7 Expert LinkedIn Tips](#)



## Social and Volunteering

### Committee Update

2019 kicked off with our annual weekend away, with Rivercity heading to Brookfield for a weekend of swimming, games and fun!



After a quiet February, March found our members volunteering at the MND and Me corporate swim. Rotaractors were on the bar, making the food, timing the swimmers, with some even lucky enough to meet Madame Butterfly herself!





March's social event fell on St Patrick's Day, so we donned our greens and went bowling, followed by a cheeky pint at O'Malleys, with March rounded out with a few members selling raffle tickets at the first Broncos home game for Riding for the Disabled.



Brisbane) and David Slater (RC of Mid City) teaching us the do's and don'ts in managing your own finances.



In the meetings that followed, Lisa Bateson (RC of Mid City) shared her knowledge when it comes to Project Management and Project Planning before David Hassall (RC of Fortitude Valley) rounded out the Workshops teaching us his tips and tricks when it comes to making a good first impression!



## Meeting & Vocational Committee Update

The Meeting & Vocational Committee has swung into action this quarter busily liaising with the Rotary Clubs in the CBD Cluster to deliver the 2019 Professional Development Workshops and Evening. We managed to secure four incredible presenters for our Professional Development Workshops on Managing your Own Finances, Project Management/Planning & How to Make a Good First Impression.

We kicked off the 2019 initiative in February with Luke Marshall (RC of



Once again, the Professional Development Evening proved to be a fantastic opportunity for club members to develop their professional skills in each respective area whilst continuing to foster relations with our volunteer Rotarians. Check out our Rotaractors and volunteer Rotarians below participating in the practical exercises set by each of our presenters.



## Events Committee Update

It's been a quiet few months for the Events Committee, but that doesn't mean we haven't been busy! With our second big event for the rotary year coming up in May, our committee – with the help of the wider club – have been working away to ensure that our venue, prizes, entertainment and crew are ready to shine bright for our Shine for Shelterbox event. We can't wait to see you dressed up on the night, as it will be sure to be a blast!

## Club Member News

We'd like to congratulate past-president Kim E on being elected as DRR for District 9600 in 2019/2020! We know you will support and lead the Rotaract Presidents in this district just as well as you did when you were President of Rivercity!

We also welcome back club member Corey back to Brisbane, after spending over 6 months overseas, studying and travelling. Good to have you back Corey!

## Editor's Interesting Fun Fact

Bananas are curved because they grow towards the sun.