



The Churchill Room
30 June 2018



A Message from El Presidente...

My main beliefs around our Rotaract Club is that it is the sum of its members and that what you put into the club, you get out. The 2018 financial year has been a fantastic one and that is due to our dedicated and enthusiastic members!

Over the year we have reached our overall goal of creating better awareness of our club in the community by:

- Having an increase of posts and reactions on social media
- Creating a club elevator pitch
- Creating relationships with community organisations through clear communication and follow-up
- Having an overall average increase in attendance at our volunteering opportunities across the year

Our club was also involved in Rotary activities this quarter including the Mid-City Lift the Lid Ball, Rotary Youth Leadership Awards and the Donations in Kind moving effort. Rotarians from around the CBD cluster also supported the Cluster Initiative 'Professional Development Evening' which saw our

club members improve their interview, conflict management and public speaking skills.

Although great gains were made this year for our club and the community, I look forward to the upcoming year under the new Board and how the Rotaract Club of Brisbane Rivercity will continue to create positive change in our community!

Until next time, yours in Rotary,

Kim.

Upcoming Club Events:

Date	Event
21 Jul	Rivercity Changeover Event
29 Jul	Stadium Stomp Volunteering Opportunity
10 Aug	Youngcare Corporate Rugby Volunteering Opportunity
11 Aug	Childhood Cancer Charity Ride for Love Volunteering Opportunity
24 Aug	Youngcare Corporate Rugby Volunteering Opportunity

A Helping Hand - Quickfire Links:

[Why You Keep Waking Up in the Middle of the Night](#)

[How to Take Calculated Risks](#)

[Why You Should Make Useless Things](#)

Dean's Pearls of Wisdom

While Professional Development can mean different things to different people, it's all something that we come across at some point in our careers. Whether it's at the beginning, to get your foot in the door, or to help reach that next plateau, Professional Development is a handy pursuit regardless of what industry you're in.

Like your career, you can pursue Professional Development through a variety of avenues, which include online seminars, professional services as well as striking out on your own to improve your skill set.

Professional Development might not always come in the form of a seminar and can sometimes be as simple as a new opportunity. Professional Development can even start out as Personal Development with your new-found skills or confidence transferring over to your job.

While Gary and Steve's articles are more towards the entrepreneur-oriented, Professional Development starts with identifying what you really want out of your career, as well as finding areas that could use improving.

[Steve Tobak's Article](#)

[Gary Vaynerchuk's Article](#)

International and Community Services (ICS) Update

After a quieter start to the year, Rivercity ramped up our Community projects, starting with a coordinated Tree Planting Project in Moggill in collaboration with Rotary clubs in D9600. Members Kim, Rosie, Corey, Kim and Aimee helped out on the day, showing off their green thumbs.



With the majority of May dedicated to our Professional Development workshops, June was kicked off with a number of our members showing their support at the Rotary Club of Brisbane Mid-City's Lift the Lid Ball, a new initiative raising much needed funds for Mental Health research.



Thanks Mid-City for having us on the night, and we look forward to seeing the continued success of the event!

Rounding out the end of the 2017-2018 year, Rivercity supported MND and ME by selling beverages at the Bayview Blast Mountain Ride. Check out our Rotaractors in their flashy MND and ME shirts below.



Our last volunteering opportunity of the year saw our rotaractors volunteering at the Vinnies CEO sleepout on the longest night of the year, helping to raise awareness and funds for homelessness.



With our members putting in literally hundreds of volunteering hours for community initiatives, we want to thank every club member for their efforts,

and look forward to being involved in even more next year.

Vocational Committee Update

The Vocational Committee was again kept on their toes this quarter delivering our remaining Professional Development Workshops on both Public Speaking and Conflict Management skills, as well as our Professional Development Evening.

Russel Postle (RC of Brisbane High-Rise) shared his extensive knowledge in the public speaking domain, while Ben Warren (RC of Mid-City) and Darren Phillips partnered up to equip our rotaractors with effective Conflict Navigation strategies.

With our three Professional Development speakers challenging the rotaractors with practical exercises, the Professional Development Evening proved to be a fantastic opportunity for club members to develop their professional skills whilst fostering relations with our volunteer Rotarians.



The club rounded out the year checking in with Orange Sky Laundry, a long term associated charity of the club before reviewing our long list of

2018 club achievements. We can't wait to see what 2019 holds ahead!

Social Committee Update

After all the mayhem involved with organising Shine for Shelterbox in March, the Rivercity Social Committee kept things pretty quiet to finish out the financial year. A group of us crawled out of bed one chilly Saturday morning, driving to Mount Tambourine to attempt the Tree Tops Challenge, as well as rewarding ourselves with some drinks and food after at a local pub. Despite the sore muscles and epic bruises the next day, it was a great way to spend a Saturday!



Our annual Changeover event is coming up in July, so look out for information on tickets and get ready for an excellent night celebrating the 2017/2018 club year and welcoming in the new board for 2018/2019!

Club Member News

Our Vocational Director Jane had a busy quarter, not only pulling together our Professional Development Evening, but also graduating from the University of South Australia with a

Bachelor of Accounting and finding time to volunteer at the recent Commonwealth Games.



Club members Bron, Josh and Jeseyka all commenced new jobs, whilst El Presidente, Kim, secured a full-time contract in her current position. We also officially welcomed Corey to the club before he headed off on his university studies abroad. Congratulations guys!

A big thank you to all club members who were also involved in delivering another successful D9600 RYLA program this year! Congratulations to 2018 club participants Kim and Brenton on their RYLA experience.



Editor's Interesting Fun Fact

Orange juice tastes bad after you've brushed your teeth because toothpaste blocks the sweetness receptors on your tongue